

VISIT US ONLINE AT [HIGHTIDEZ.COM](http://HIGHTIDEZ.COM)

# High Tides

**WELCOME TO HIGH TIDES ON THE POTOMAC!**

Our guests have come to expect not only the basic services we provide, but also the quality and value that makes each visit with us special. Please let your server know if you have any special needs or requests and feel free to inquire about any Daily Features we have available. Our House Specialties are shown in **RED** throughout our menu. We strive to meet and exceed your expectations at High Tides and we will always do our best to accommodate your needs. **THANK YOU FOR CHOOSING HIGH TIDES!**

Connect with High Tides on the Potomac & The Black Pearl Tiki Bar!  
Visit [HIGHTIDEZ.COM](http://HIGHTIDEZ.COM) to get information about our special events—  
place an order to go—and LIKE US on social media! **#HighTidesVA**



**WiFi password = Black Pearl1**

\* **PLEASE NOTE:** WE CHARGE A 3.7% CREDIT CARD CONVIENCE FEE FOR CREDIT CARD TRANSACTIONS.

# TASTY STARTERS

Bring a Hearty Appetite or Eat Light, Yarr Matey!

**HIGH TIDES SAMPLER 16.99**  
**A GREAT APPETIZER FOR FOUR PEOPLE!**

Includes our Potomac Poppers, Budweiser Wings and Mozzarella Sticks served with Marinara Sauce, Riverside Seafood Dip and Tortilla Chips

**SURFSIDE FRIES 8.99**

French Fries smothered in Melted Cheddar and Monterey Jack, topped with real Bacon Bits and served with Surfside Sauce

**ONION RINGS 8.99**

**MOZZARELLA STICKS 10.99**

**BEACH TENDERS 9.49**

Fresh Chicken Breast cuts fried to perfection!

**POTOMAC POPPERS 9.99**

Jalapenos loaded with Cheese and served with Marinara sauce

**CHICKEN CORDON BLUE BITES 10.99**

Tender bites of Chicken Breast, Stuffed with Ham and Swiss Cheese, Lightly Breaded then Fried to a Golden Brown and served with Honey Mustard

**BUDWEISER WINGS 11.99**

Taste the difference in our Naked Wings—Select dry rub or sauce: Mild, Hot or BBQ! Plus, your choice of Carrots, Celery Sticks and Blue Cheese or Ranch Dressing

**SANTA FE ROLLS 11.99**

A hearty blend of Chicken, Cheese and Vegetables served in a Crispy Flour Tortilla

**FISH & CHIPS BASKET 12.99**

Enjoy our House Fish, Breaded in our blend of Seasonings and Fried, served with French Fries and Tarter Sauce



**AHI TUNA 16.99**

Sesame Seared Tuna served on a Ginger Slaw with a Wonton nest

**FISH TACOS 11.99**

Blackened Cobia Fish with shredded cabbage and Mango Chutney on Soft Shells

**BACON WRAPPED SCALLOPS 14.99**

Sweet and tender Scallops wrapped in Bacon and then Broiled to perfection

**COCONUT SHRIMP 12.99**

Large Shrimp, Hand-dipped in Coconut Batter then Lightly Fried and served with our own Sweet and Sour Sauce

**1/2 LB. STEAMED SPICED SHRIMP 12.99**

Large Shrimp Steamed to perfection and served with Cocktail Sauce

**FRIED CALAMARI 12.99**

Lightly breaded and fried to a Golden Brown served with Lemon Vinaigrette and Marinara

**RIVERSIDE SEAFOOD DIP 16.99**

Crab and Shrimp in a Creamy Three Cheese Sauce served with Tortilla Chips

**FIRST MATE QUESADILLAS 11.99**

Melted Cheddar and Monterey Jack with Onions and Tomatoes served with Salsa and Sour Cream

**CAPTAIN'S QUESADILLAS 13.99**

Strips of Sirloin with Bacon, Cheddar and Monterey Jack, Onions and Tomatoes served with Salsa and Sour Cream

**COMMANDER QUESADILLAS 12.99**

Seasoned Grilled Chicken with Cheddar and Monterey Jack, Onions and Tomatoes served with Salsa and Sour Cream

♥ We only use Heart Healthy Oils!

\* AN 18% GRATUITY MAY BE ADDED TO EACH CHECK FOR ALL SEATED PARTIES OF SIX OR MORE.

# GRILLED STEAKS

Premium Grade A Beef Cooked to Order!\*

**Your Choice of TWO:** *Baked Potato, French Fries, Sweet Potato, Sweet Potato Wedges, Potato Cake, Jasmine Rice, Cole Slaw, Apple Sauce and Fresh Vegetable of the Day available when in Season.*

**\* PLEASE NOTE:** Consuming raw and/or under cooked meats, poultry and seafood may increase your risk of food born illness.

**MAPLE BOURBON GRILLED CHICKEN 19.99**

Grilled Chicken Breast smothered with Cheddar and Swiss Cheese topped with Bacon and Maple Bourbon Sauce

**SIRLOIN 19.99**

Seasoned with our Special Herbs and Spices

**RIB-EYE (FOR THE FAT LOVER)**

Lightly brushed with a hint of seasoning for an incredible taste of Full Flavor

**QUEEN CUT** MARKET PRICE

**KING CUT** MARKET PRICE

**DELMONICO** MARKET PRICE

**NEW YORK STRIP** MARKET PRICE

Always Juicy and Tender!

**PRIME RIB** MARKET PRICE

**HIGH TIDES BEST!** Perfect, succulent and cooked to perfection and served with Au jus!  
*Available Friday through Sunday while it lasts!*

**SIZZLE STEAK (JUST THE SMELL MAKES YOU WANT ONE OF THESE)**

Served Sizzling on a cast iron plate and topped with Red Peppers, Green Peppers and Onions

**QUEEN CUT** MARKET PRICE

**KING CUT** MARKET PRICE

## MORE OPTIONS!

**ADD HOUSE SALAD 5.49**

**ADD CUP OF OUR SIGNATURE SOUP 6.99**

**CREATE YOUR OWN SURF & TURF:**






*A great way to have Surf and Turf your way!*

**ADD 1/2 LB. STEAMED SPICED SHRIMP 12.99**

**ADD 1 LB. SNOW CRAB LEGS MARKET PRICE**



**ALL STEAKS ARE COOKED TO ORDER:**  
*Please allow time to cook properly!*

-  **RARE:** Cold Red Center
-  **MEDIUM-RARE:** Warm Red Center
-  **MEDIUM:** Warm Pink Center
-  **MEDIUM WELL:** Warm, Thin Line of Pink
-  **WELL DONE:** No Pink!



 **We only use Heart Healthy Oils!**

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# BURGERS & SANDWICHES

**We Use 100% Angus Beef for All Hamburgers!**

*All Hamburgers and Sandwiches served with French Fries!*  
**SELECT TOPPINGS:** Lettuce, Tomatoes, Onions and Pickles with Ketchup, Mustard and Mayo.

**NEW! ADD BLACKEND COOKING STYLE TO ANY FISH SANDWICH 2.00**

**NEW! ADD GLUTEN FREE BUN 3.49**



**CLASSIC HAMBURGER 12.49**

ADD CHEESE .50

**BACON CHEESEBURGER DELUXE 13.49**

Piled High with crispy Bacon and Cheese

**MUSHROOM SWISS BURGER 13.99**

Grilled just right and topped with melted Swiss Cheese and smothered with Mushrooms

**KENTUCKY BOURBON BURGER 14.49**

Our Classic Hamburger topped with Kentucky Bourbon Sauce, Onion Ring and two Cheeses

**HIGH TIDES BEYOND BURGER 16.99**

Plant based Pattie on a gluten free bun. piled high with all the toppings

**RIB-EYE STEAK SANDWICH MARKET PRICE**

ADD SAUTEED MUSHROOMS & ONIONS \$2.99

**CHICKEN FILET SANDWICH 12.49**

Juicy Tender Chicken Breast Fried or Grilled

**CRAB CAKE SANDWICH 19.99**

Fresh Lump Crabmeat is all we use, simply THE BEST! Served Fried or Broiled

**FRIED OYSTER SANDWICH 13.99**

**COBIA SANDWICH 11.99**

**PANGASIIDAE SANDWICH 12.99**

**FLOUNDER SANDWICH 14.99**

**GROUPE SANDWICH 15.99**

**ROCKFISH SANDWICH 16.99**

**FISH RUEBEN 16.99**

**KID'S MEALS 8.99**

*All Kid's Meals are served with ONE choice of French Fries, Apple Sauce, Sweet Potato or Baked Potato!*

**HAMBURGER**

**HOT DOG**

**CHEESEBURGER**

**TURKEY CORN DOG**

**CHICKEN TENDERS**

**POPCORN SHRIMP**

**CHEESY MAC AND CHEESE**

**OCTOPUS HOT DOG 8.99**

A sea creature shaped All Beef Hot Dog served on top of Cheesy Mac and Cheese (comes with no side)

**SIMPLY DELICIOUS DESSERTS ARE MADE EACH DAY ☒**  
**ASK YOUR SERVER FOR MORE INFORMATION!**

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# FRESH SEAFOOD

Be Sure to Inquire About Our Daily Features!

**Your Choice of TWO:** *Baked Potato, French Fries, Sweet Potato, Sweet Potato Wedges, Potato Cake, Jasmine Rice, Cole Slaw, Apple Sauce and Fresh Vegetable of the Day available when in Season.*

**ADD HOUSE SALAD 5.49 ■ ADD CUP OF OUR SIGNATURE SOUP 6.99**

**NEW! ADD BLACKEND COOKING STYLE TO ANY FISH 2.00**

## ♥ MARKET FRESH SEAFOODS

### **FRESH FLOUNDER 18.99**

Your choice of Fried or Broiled

### **PANGASIIDAE DINNER 18.99**

Your choice of Fried or Broiled

### **FRESH GROUPER 20.99**

Your Choice of Fried or Broiled

### **BROILED SALMON 21.99**

### **FRIED OYSTERS 19.99**

Lightly Breaded and Fried to a Golden Brown

### **FRIED SCALLOPS 24.99**

Lightly Breaded and Fried to a Golden Brown

### **ROCKFISH DINNER 21.99**

Your choice of Fried or Broiled

### **SAUTEED SCALLOPS 25.99**

Sautéed Sea Scallops with Onions, Green Peppers and Mushrooms

### **CRAB IMPERIAL 27.99**

**RICH AND JUICY!** Delicately Baked in a Creamy Sauce

### **CRAB NORFOLK 27.99**

Crabmeat in a rich and buttery sauce broiled to perfection

### **STUFFED SHRIMP 29.99**

Large Shrimp Stuffed Full with moist Lump Crabmeat and Baked to a Golden Brown

### **STUFFED FLOUNDER 28.99**

Stuffed full of moist Lump Crabmeat seasoned with High Tides Secret Ingredients

### **CRAB CAKE DINNER 32.99**

Two Lump Crab Cakes



### **HIGH TIDES SEAFOOD COMBO 32.49**

**THE ULTIMATE!** Pangasiidae, Lump Crab Cake, Shrimp, Oysters and Scallops served with your choice of Dipping Sauce

### **STUFFED ROCKFISH 30.99**

Stuffed Full of Moist Lump Crabmeat!

### **STEAMED SPICED SHRIMP MARKET PRICE**

One pound of Shrimp, mouth-watering and seasoned just right

### **FRIED SHRIMP MARKET PRICE**

Lightly Breaded and Fried to a Golden Brown

## ALL-YOU-CAN-EAT!

**JUST FOR YOU ☒ NO SHARING PLEASE!**

### **LARGE STEAMED SHRIMP**

MARKET PRICE

### **SNOW CRAB LEGS**

MARKET PRICE

### **CRAB LEGS & SHRIMP**

MARKET PRICE

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# HEALTHY CHOICES

Enjoy Our Signature Soup Inside a Bread Bowl! 10.99

*Our Signature Soups are cooked to perfection using our very own  
**SPECIAL INGREDIENTS** under the watchful eyes of our Chefs.*



## **CREAM OF CRAB**

Lump Crabmeat with a Rich and Creamy Base

## **VEGETABLE CRAB SOUP**

Lump Crabmeat and Vegetables with a Tomato Base

**ASK YOUR SERVER ABOUT  
OUR SOUP DU JOUR!**

**CUP OF SOUP 6.99**  
**BOWL OF SOUP 7.99**

## Try Our Signature Garden Fresh Salads!

### **RIVERSIDE HOUSE SALAD 7.49**

Mixed Greens, Carrots, Tomatoes and Onions topped with Cheddar Cheese

### **CALYPSO CHIPOTLE CHICKEN SALAD 13.99**

**MOUTH WATERING!** Chipotle Chicken served over Tender Young Mixed Greens topped with Cheddar and Monterey Jack and Tortilla Crunch and served with Salsa on the side

### **TROPICAL ISLAND SALAD 13.99**

This Island Favorite is served with Grilled Chicken, Mixed Greens, Juicy Mandarin Oranges, Sunny Pineapple Bites and topped with Toasted Almonds and served with our own Tropical Vinaigrette

### **SOUP & SALAD YOUR WAY 15.99**

Select One Cup of our Signature Soups and sample one of our half-sized Signature Salads

### **AHOY CAESAR SALAD 10.99**

Crisp Romaine Lettuce with Parmesan Cheese and Croutons served with Caesar Dressing

### **ATLANTIC SALAD 19.99**

Blackened Cobia served over Tender Young Mixed Greens topped with Cheddar and Monterey Jack and Tortilla Crunch and served with Salsa on the side

### **MARINERS' GRILLED SIRLOIN SALAD 14.99**

Grilled Strips of Sirloin served on top of tossed Tender Greens with Diced Jalapenos, Cheddar Cheese and Tortilla Crunch served with Salsa on the side

### **HALF-SIZED SALADS 9.99**

Select Calypso Chipotle Chicken, Tropical Island, Ahoy Caesar or Mariners' Grilled Sirloin

## FEELING HUNGRY?

### **ADD EXTRA MEAT TO YOUR SALAD!**

**SHRIMP 5.99 GRILLED CHICKEN 4.99**  
**GRILLED SIRLOIN 5.99**

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